



CREATE OR REFRESH YOUR **EMERGENCY SURVIVAL KIT**

MAY 1—7, 2016 is Emergency Preparedness Week

**ARE YOU PREPARED?**

# ITEMS FOR YOUR KIT



## **EMERGENCY MANAGEMENT AND FIRE SAFETY DISPLAY**

Come out to the Stonecliffe Community Centre on Saturday, June 4, 2016 for the Library Board's June yard sale event. Bob Labre our Community Fire Safety Officer will be there to discuss home fire safety, demonstrate a new automatic extinguisher product for homes without sprinkler systems and answer any fire questions you may have. Enter for your chance to win emergency kit components, a fire escape ladder, smoke alarms, co detectors, fire extinguishers and other safety items.

# WHAT TO PUT IN YOUR SURVIVAL KIT

## Essentials

- Food (non-perishable and easy-to-prepare items, enough for 3 days) and a manual can opener
- Bottled water (4 litres per person for each day)
- Medication (s)
- Flashlight
- Radio (crank or battery-run)
- Extra batteries
- First-aid kit
- Candles and matches/lighter
- Hand sanitizer or moist towelettes
- Important papers (identification, contact lists, copies of prescriptions, etc.)
- Extra car keys and cash
- Whistle (to attract attention, if needed)
- Zip-lock bag (to keep things dry)
- Garbage bags



## Special Considerations

- Items for babies and small children—diapers, formula, bottles, baby food, comfort items
- Prescription medication
- Medical supplies and equipment
- Pet food and supplies
- Any other items specific to your family's needs



## Extra Supplies for Evacuation

- Clothes, shoes
- Sleeping bags or blankets
- Personal items (soap, toothpaste, shampoo, comb, other toiletries)
- Playing cards, travel games, other activities for children



## OTHER TIPS

- Pack the contents of your kit in an easy-to-carry bag (s) or a case on wheels.
- Store your kit in a place that is easy to reach, and ensure that everyone in your family knows where it is.
- Your kit does not have to be built overnight. Spread your shopping over a few weeks. Purchase a few items every time you go to the store.
- Your water supply is meant to cover what you would drink as well as what you might need for food preparation, hygiene and dishwashing.
- Check and refresh your kit twice a year—when the clocks shift to/from daylight savings time is a good time. Check all expiry dates and replace food and water with a fresh supply. Check batteries and replace as needed.
- Keep your cell phone or mobile device fully charged.

[www.emergencymanagementontario.ca](http://www.emergencymanagementontario.ca)

FOR MORE INFORMATION

**FREE DRAW FOR HCM RESIDENTS/RATEPAYERS!**

**ARE YOU PREPARED FOR AN EMERGENCY? ARE YOU FIRE SAFE?**

NAME: \_\_\_\_\_

Address or E-mail: \_\_\_\_\_

Phone: \_\_\_\_\_

Fill in the ballot. Drop it in to the office prior to June 3 or drop by the Community Centre on June 4th. Draw will be held June 4th.