



# HCM News

## THE UNITED TOWNSHIPS OF HEAD, CLARA & MARIA

**Spring** is on the calendar but not yet in the air. Even so, April 1 begins the annual “Fire Season” and the need for burn permits. Anyone planning to burn brush, grass etc. on your property to clean up after the winter or during the summer season (not including small campfires) requires a burn permit. The municipality implemented a seasonal permit system which requires the property owner to come to the municipal office and fill out the application. The cost is \$5 and will be valid for the season, from April 1 through to October 31. Once you have your permit; all you need to do is call or email the municipal office to advise when you are burning so that we can inform the Ministry of Natural Resources and Forestry should we get a call from them. With all the snow, it looks a little early, but drop by to pick yours up now. You’ll be set for the season.

**Spring** brings a time for new growth, new beginnings and new ideas. Staff have been successful in obtaining funding for ongoing seniors programming within the municipality. We are excited to see new people coming out to participate in events and programming we have been hosting through funding from the provincial and federal governments. If you have ideas or suggestions for programming or field trips you might wish to see, please reach out and let us know. Council and staff contact information is on the last page of this newsletter.

**Spring** brings about yard, garden and renovation projects. Before you start to build, please contact Bob Labre our Chief Building Official and Community Fire Safety Officer to discuss your plans and see if you require a permit.

**Spring** of 2018 brings about elections, provincial and municipal. Nominations for municipal elections will be accepted beginning May 1, 2018. This week, the Minister of Municipal Affairs passed a regulation exempting candidates from municipalities with fewer than 4,000 people from having to obtain 25 signatures prior to submitting their application for candidacy. Watch for an upcoming newsletter for additional information about municipal elections.

**Spring** also brings about change. Look inside this issue for news about these topics and more including funding for energy efficient home renovations, Canadian physical fitness goals, Relay for Life, hazardous materials collection, summer disposal site hours and much more. **Happy Spring!** (MR)



# National Health and Fitness Day is Saturday, June 2nd 2018!

Let's Make Canada the Fittest Nation on Earth!

From...<https://www.nhfdc.ca/>

## National Health and Fitness Day Fact Sheet

1. Current Canadian Physical Activity Guidelines for the early years (ages 0-4 years) recommend at least 180 minutes of physical activity of *any* intensity per day. Guidelines for children and youth (aged 5-17 years) recommend at least 60 minutes of *moderate- to vigorous-intensity* physical activity per day. Guidelines for adults and older adults (all those over 18 years of age) recommend at least 150 minutes of *moderate- to vigorous-intensity* physical activity per week (Canadian Society for Exercise Physiology [www.csep.ca/guidelines](http://www.csep.ca/guidelines)).
2. Intensity of activity matters! Moderate- to vigorous-intensity activity includes all activities that make you huff and puff. Moderate means you should still be able to have a conversation but are starting to work up a sweat; vigorous intensity means you're out of breath and can't maintain a constant conversation.
3. Data from across Canada shows that only 15% of adults, and 7% of children and youth are meeting current physical activity guidelines. The good news is that 84% of 3-4 year old children are meeting the guidelines (Canadian Health Measures Survey).
4. Meeting physical activity guidelines is associated with numerous health benefits, but activity tends to decrease with age, and boys tend to be more active than girls. Further, activity habits tend to track across the lifespan so it's important to develop healthy physical activity habits at a young age.
5. For young children (aged 0-4 years), those who meet activity guidelines are less likely to be overweight, have better motor skill and cognitive development, have better bone and muscle strength, and have better measures of heart health (Timmons et al. 2012).
6. For children and youth (aged 5-17 years), those who meet activity guidelines are less likely to be overweight, have better bone health, and better scores for mental health. These benefits are especially true for kids who participate in higher intensity activities (Janssen and LeBlanc 2010).

7. For adults (aged 18-64 years), meeting activity guidelines is associated with significant reductions in the risk of all-cause mortality, cardiovascular disease, stroke, high blood pressure, colon and breast cancer, and type 2 diabetes (Warburton et al. 2010).
8. For older adults (those over aged 64 years), meeting activity guidelines means they are less likely to develop numerous types of chronic disease like heart disease, type 2 diabetes, depression, certain cancers, dementia, disability, and loss of function (Paterson et al. 2010).
9. Sedentary behaviour includes all activities that require very little energy expenditure and occur when a person is sitting or lying down. Sedentary behaviour should be thought of as a distinct behaviour from physical activity and increased sedentary behaviour is associated with numerous health risks (Sedentary Behaviour Research Network).
10. Currently, Canada has sedentary behaviour guidelines for the early years, children, and youth. Sedentary behaviour guidelines for adults don't yet exist.
11. Sedentary behaviour guidelines recommend that young children, children, and youth minimize the time they spend sedentary each day. They also recommend no screen time for those under 2 years of age; no more than 1 hour of screen time per day for those aged 2-4 years old; and no more than 2 hours of screen time for those aged 5-17 years of age (Canadian Society for Exercise Physiology)
12. Children who are less sedentary are more likely to be normal weight, healthier, fitter, do better in school, have higher self-esteem, and better social skills than children who are more sedentary (LeBlanc et al., 2012; Tremblay et al., 2011).
13. Currently, adults are spending about 9.5 hours a day being sedentary, and children and youth are spending about 8.5 hours a day being sedentary (Canadian Health Measures Survey). A large part of this sedentary time is accumulated during the work/school day, but children and youth are still engaging in about 2.5 hours of screen time during their free time before and after school.
14. Right now, Canadians (both children and adults) are less fit than their 1981 counterparts and engage in more sedentary behaviour than ever before (Canadian Health Measures Survey). If we were to decrease the amount of inactive Canadians by even 10%, we'd see a 30% reduction in all-cause mortality and a savings of millions of health care dollars (Conference Board of Canada).

*Let's work together to make Canada the Fittest Nation on Earth!*

**The Community Lending Hub** has equipment available to borrow at no cost, including bicycles and helmets, kayaks, paddleboards, hockey nets, a volley ball set and a variety of sports equipment. Equipment can be borrowed for up to a week at a time. A waiver must be signed at the time of pick up and credit card information provided in case of equipment damage or loss. Because the **lending hub** is so busy in the summer, we will have designated pick up and drop off times new this year. Stay tuned for more information, and don't forget to book early! (Funded through Healthy Kids Program—County of Renfrew!)

## A note from our Treasurer...On-line Payments

When making payments to the municipality online, please send an email to [hcminfocfischer@gmail.com](mailto:hcminfocfischer@gmail.com) to confirm that you have made a payment online and the purpose. Often we receive payments online without any information and it is difficult to determine what the payment is for; whether taxes or tipping fees/permits etc. Please send a brief note to confirm that you've made a payment and its purpose. Thank you

### From Mayor Reid

I would like to thank our residents and property owners for their participation in the stakeholder meetings we have been holding related to the Algonquin Trail. It's important that we hear from you.



## Council Member Code of Conduct Investigation Results

*For some months now, allegations have been made both publicly and privately about Council members of the municipality of the United Townships of Head, Clara & Maria and how their actions were contrary to the municipal Code of Conduct and the Municipal Conflict of Interest Act. Complaints have been made by members of the public and one particular member of Council.*

*As per municipal policy, a current member of Council has followed procedure to file complaints and has filed over 10 Code of Conduct complaints against fellow council members. These complaints have been investigated and a report has been presented to Council. Council determined at its meeting held on Tuesday, March 20, 2018 that it was important for members of the community to learn the results of the investigation into those code complaints; as many of the complaints were made publicly and fed through the grapevine. As per direction of Council, please find attached a copy of the summary of the report of the investigator for your information.*

*The entire report, as well as applicable employee reports to Council, is available on the municipal website. If you would like to read the entire report, you may drop by the municipal office to borrow a copy.*

*For Your Information...*

## REPORT OF THE INTEGRITY COMMISSIONER

### INVESTIGATION RE:

**Complaint of Councillor Ernie Villeneuve**

### Subject of Complaint:

- **Mayor Reid**
- **Councillor Chartrand**
- **Councillor McKay**

### SUMMARY:

The complaints are primarily centred on actions of council members related to the debate and decision of Council as to whether the former rail bed should be permitted to be used as a trail for snowmobiles through the village of Stonecliffe. Councillor Villeneuve voted against the recommendation of staff to prohibit the use of the former rail bed for motorized vehicles; the remaining Council members voted in favour of the prohibition. During our interview with Councillor Villeneuve he confirmed that his concerns arose because of this issue and the vote thereon.

While complaints 1 and 2 deal with the September Council meetings which did not deal with the rail bed, it was clear from the interview that those complaints would not have been submitted but for the vote to prohibit the use of the rail bed; Councillor Villeneuve was motivated to pursue his belief that Councillor Chartrand was acting in a conflict of interest because of that vote.

While the *Municipal Act* directs that personal information be kept confidential in an Integrity Commissioner's report, it is our view that the public has been made aware of the essential parties and elements of the underlying complaint given the open session debates in this matter and the correspondence placed on the open agenda that addresses the underlying elements of the complaints. Where possible details from closed sessions have not be discussed except to provide the necessary clarity to understand the findings and recommendations in this report.

It is clear from the investigation that Councillor Villeneuve genuinely believes that Councillor Chartrand had a conflict of interest with respect to the rail bed issue. This alleged conflict arises from the fact that Councillor Chartrand obtains some employment income from the Township as a contractor, as well as receiving some income working on a contract basis for the Missing Link Snowmobile Club. In addition, Councillor's Chartrand's name appeared on a letter of opposition in April of 2017 and this raised concerns for Councillor Villeneuve. Although Councillor Chartrand lives adjacent to the rail bed in Stonecliffe, this was not cited by Councillor Villeneuve in his complaints as a source of the alleged conflict.

We find that Councillor Chartrand did not have a conflict of interest as defined in the *Municipal Conflict of Interest Act* ("MCIA"). The MCIA defines a conflict of interest as a pecuniary interest only; could the member stand to gain or lose financially as a result of their vote as a councillor? In this case we find that Councillor Chartrand's employment as a contractor for the Township and the Missing Link Snowmobile Club did not create any pecuniary interest. The Councillor's home is located near the rail bed, but is in fact further from the rail bed than it is to the "Legacy Trail" which is one option for snowmobiles if the rail bed is not used. If there were any potential for a pecuniary interest to arise (a finding that is not supported by the facts) then it is our finding that the Councillor's interest was both remote and was part of an interest in common with any resident whose property abutted the recreational trail.

However, the inquiry does not end with the MCIA; the Code of Conduct for Members of Council provides, "members of Council must be committed to performing their functions with integrity, avoiding improper use of the influence of their office, and conflicts of interest, both apparent and real" (section 1.3).

Conflict of interest is not defined in the Code. The phrase "both apparent and real" makes potentially any act subject to a conflict if any member of the public perceives that a conflict exists. This is too broadly drafted to be meaningful and it does not provide councillors with any guidance as to what behaviour is expected of them. In the circumstances, Councillor Chartrand's actions in voting on the rail bed issue could be considered by a member of the public as being a conflict of interest – the very fact that Councillor Villeneuve brought the complaint may in essence be evidence that the public perceive his actions as a conflict. In our view the fact a complaint is brought cannot, in and of itself, substantiate a conflict. If this were the case, there would be no need to conduct an investigation – this cannot be the intent of the Code.

Notwithstanding the lack of guidance, it is a generally accepted understanding that a conflict of interest arises where a person cannot act independently or without bias or influence because of a personal interest or the interest of persons close to them in the subject matter. We conducted our investigation using this more general interpretation of conflict of interest.

It is the finding of this investigation that Councillor Chartrand did not have a conflict of interest in the matter of the use of the rail bed as a trail. Based on our interview with the Councillor, it is clear that he put aside his personal views about the rail bed and considered the matter on the basis of impacts to residents who might be affected by the trail. It is clear from the fact that he permitted his name to be used on the April 24, 2017 letter to Council (before the vote) that he did have a personal view on the matter. The question is whether this personal view could be seen by an objective observer to influence his objective consideration of the matter before Council. It is apparent to this Investigation that the Councillor considered the interests of residents and formulated his position on that basis, as opposed to a personal interest.

Councillor Chartrand did however have a conflict of interest under the Code with respect to the closed session on September 15, 2017 and October 17, 2017 as those matters related to a family member – the nature of the issues discussed were such that the Councillor ought not to have participated. The Councillor did appropriately abstain from the vote in open session related to this issue on October 17, 2017, but that does not resolve the issue of his participating in the closed sessions.

We recommend no sanction be imposed on Councillor Chartrand. Councillor Chartrand's relationship with the staff member that was the subject of the September 2017 meeting was well known and it could not be said that he was using his influence improperly in the matter or overtly participating in an attempt to resolve the matter in favour of his family member. It is also relevant that he abstained from voting on that matter.

Given the extremely broad application of conflict of interest in the Code and the inability of any councillor to effectively understand what was meant by conflict of interest or guide their behaviour in the circumstances, we believe that a sanction would be misplaced. Council should turn its attention to revising the Code to make it meaningful and to providing training to councillors so that they understand their obligations.

It is also important to understand that there was no illegality associated with Councillor Chartrand's vote on the rail bed issue; the law did not require him to recuse himself from the vote and the validity of the vote is not in question.

We further find that Mayor Reid did not breach the Code.

We also find that Councillor MacKay did not breach the Code.

## **RECOMMENDATIONS:**

Notwithstanding the conclusion that there was a breach of the Code by Councillor Chartrand related to his participation (not vote) on an in-camera matter, we do not recommend that Council impose a sanction. The concept of conflict of interest is not defined in the Code and is so broadly stated that it provides no guidance to a member of Council. To sanction the councillor in the circumstances would be unfair.

The Code should be amended to better define conflict of interest and to provide guidance to members of council about what is expected.

It is readily apparent that the issue of the rail bed has divided the council and created a negative atmosphere. Polarizing issues arise in municipal politics and it is incumbent on members of Council to vote their conscience and attempt to represent the people that elected them. Councillors cannot lose sight of the fact that they act on behalf of others who have no vote.

We trust that this report will allow Council to put this issue behind them and to start fresh in an atmosphere that allows all councillors the freedom to express their views and the views of their constituents in a positive and constructive manner.



# Municipal Elections 2018

## NOTICE OF NOMINATION FOR OFFICE

*Municipal Elections Act, 1996 (s. 32)*

**NOTICE** is hereby given to the electors of the municipality of the United Townships of Head, Clara & Maria that nominations for the offices of Mayor (1 to be elected at large) and Councillors (4 to be elected at large) may be made by completing nominations on the prescribed form and filing same in the office of the Clerk, accompanied by the prescribed filing fee of \$200 for the Head of Council and \$100 for all other offices. The filing fee is payable by cash, certified cheque or money order made payable to the municipality.

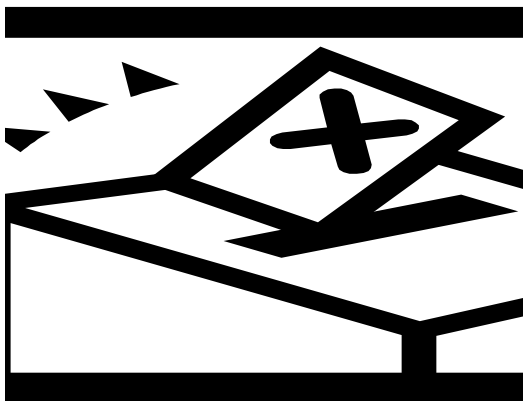
A nomination must be signed by the candidate and filed in person or by an agent during regular business hours between May 1, 2018 and July 26, 2018 and between 9 a.m. and 2 p.m. on Friday, July 27, 2018 (Nomination Day).

In the event that there are an insufficient number of certified candidates to fill all positions available, nominations will be reopened for the vacant positions only on Wednesday, August 1, 2018 between the hours of 9 a.m. and 2 p.m. and such additional nominations, if required, shall be filed in the office of the Clerk.

Electors are hereby given notice that if a greater number of candidates are certified than are required to fill said offices, voting places will be opened on Monday, October 22, 2018 between 10:00 a.m. and 8:00 p.m. for the purpose of voting. Advance voting will also be held before October 22, 2018 on a date or dates to be announced.

Melinda Reith, Clerk  
Head, Clara & Maria  
613 586 2526

[hcmclerkmreith@gmail.com](mailto:hcmclerkmreith@gmail.com)



Your opportunity to have  
a say; consider repre-  
senting your community  
at the Council table  
come December 2018.

**Voting Day** for 2018 Mu-  
nicipal Elections is Mon-  
day, October 22.

Voting locations open at  
10:00 AM and close at  
8:00 PM.



### Portable space heater safety

We do not usually think of heating needs during the spring season, but often space heaters are required to provide comfort at the cottage or campsite.

Learn the proper way to use portable space heaters by following these life-saving tips:

#### For electric space heaters

- Only use electric space heaters that have been certified by an accredited certification organization such as Canadian Standards Association (CSA) International or the Underwriters Laboratories of Canada (ULC).
- If you use an extension cord, make sure it is the right size and gauge to carry the electrical load being drawn by the space heater.
- Never use an electrical space heater in a wet area or any areas that can be exposed to water.

#### For fuel-burning space heaters

- Only use portable propane space heaters in well-ventilated outdoor areas - never in an enclosed space such as a camper, tent, car, home or cottage; doing so could cause deadly carbon monoxide exposure.

#### Other tips

- Never leave an operating space heater unattended and always turn off space heaters before leaving a room or going to sleep.
- Supervise children and pets at all times when a portable space heater is in use.
- Never use space heaters to dry flammable items such as clothing or blankets.
- Keep all flammable objects at least one metre from space heaters.



Cut out this checklist and check off completed items!

# Spring Clean-Up Checklist

## Outside the House:

- Maintain the air conditioner. Make an appointment with a qualified technician to perform safe and proper maintenance work for your specific unit.
- Clean the eavestroughs thoroughly. Use a sturdy and reliable ladder and rubber gloves.
- Store fuel and other combustibles outside in a well-ventilated shed or detached garage and away from direct sunlight and other heat sources.
- Check recreational equipment. Make sure all playground equipment, bikes, skateboards, etc. are in safe working condition for family use.

## Inside the House:

- Check cleaning supplies. Dispose of what is no longer used or needed at a hazardous waste distribution centre.
- Install smoke and carbon monoxide alarms.
- Visually inspect electrical cords and outlets. Replace cords if worn or damaged.



Visit [Safetyinfo.ca](http://Safetyinfo.ca) for more information



## Canadian Cancer Society—Relay for Life

if you are considering registering a team for Renfrew County Relay for Life on June 22, 2018, now is the time to do so!

Starting next Monday, April 9, a fundraising incentive / contest will be starting. The Promo code 5OFF is available to use so that people can register for \$10 instead of \$15.

[http://convio.cancer.ca/site/TR/RelayForLife/RFL\\_ON\\_even\\_?pg=entry&fr\\_id=23723](http://convio.cancer.ca/site/TR/RelayForLife/RFL_ON_even_?pg=entry&fr_id=23723) for more info.



## GREEN ONTARIO FUND

The provincial government have reopened their Green Ontario Fund with funding for a large number of home improvements or modifications. Ideally, access to the internet will provide you with many details from this site <https://www.greenon.ca/>. But you may also call **1-888-728-8444**. The programs differ depending on your postal code but some options available for Stonecliffe include:

- ★ Get rebates up to \$7,200 off insulation and up to \$5,000 for select high-performance windows
- ★ Get up to \$5,800 for an Air-Source Heat Pump
- ★ Get up to \$20,000 in rebates to install a home geothermal system
- ★ The Affordability Fund provides free energy efficiency upgrades to qualifying Ontarians who are not eligible for other low-income conservation programs or who are unable to make energy efficient improvements without financial assistance.
- ★ Stay comfy for less. Upgrade your home heating and cooling systems and save up to \$325 a year in energy costs.

## GreenON Support

Call us to learn more about programs and get expert advice:

Toll free: **1-888-728-8444**

TTY **1-844-466-2017**

**info@GreenON.ca**

**NEWS RELEASE**

**FOR IMMEDIATE RELEASE**

March 29<sup>th</sup>, 2018

**COUNTY OF RENFREW MOVES AHEAD ON ALGONQUIN TRAIL**

**PEMBROKE, ON:** At the March 28<sup>th</sup> meeting County Council passed the following resolution: "County Council has received a legal opinion regarding the development of the Algonquin Trail. The opinion confirms that the County of Renfrew has the authority to develop the Algonquin Trail as a multi-use trail."

Chair of the Algonquin Trail Advisory Committee (ATAC), Councillor Bob Sweet said, *"This resolution comes as a result of a legal challenge put forward by the United Townships of Head, Clara & Maria regarding the use of the Algonquin Trail. The ATAC, through County Council, sought a legal opinion on the matter. Council has decided to proceed with the multi-use aspect of the trail, and will proceed with the development of the Trail Management Plan that is well under way, and that has been circulated to all municipalities for comments, to govern the use of the trail. This decision aligns with County Council's decision last June to officially designate the Algonquin Trail as a multi-use trail and is consistent with our partners' approach."*

Warden of the County of Renfrew Jennifer Murphy shared this, *"Council has provided clear direction to staff on moving forward in developing the trail, and the Management Plan will act as a guiding document on the future development and use of the trail."*

Renfrew County, Lanark County and the Township of Papineau-Cameron formed a partnership in 2011 and recently signed a lease and donation agreement to acquire ownership of the 296-kilometre discontinued Canadian Pacific Rail between Smiths Falls and Mattawa. The County's portion of the corridor runs from the Arnprior/Ottawa border in the south to the Renfrew/Mattawa border in the North. The intent is to work with local municipalities, the public and other partners to develop the multi-use trail. Renfrew County hosted six public open houses in the fall of 2016. Many comments were received about motorized versus non-motorized use of the trail, and those comments were considered when developing the Ottawa Valley Recreation Trail Management Plan. The trail corridor passes through 10 municipalities within the County and the City of Pembroke, and will form the "spine" of a future County-wide trail network as contemplated in the County of Renfrew Trails Strategy, and the County's 1997 Abandoned Rail Policy.

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**For More Information Please Contact:**

Craig Kelley	Director of Development & Property, County of Renfrew	613-735-3204
Michael Barber	Media Relations/Grants Coordinator, County of Renfrew	613-735-7288

**Note from the Clerk**

Despite the legal opinion received by the county referenced above; the one held by HCM is different. Nothing has changed. The County of Renfrew has decided not to release their opinion to the public or lower tier municipalities. This municipality has legal obligations to consider in making any future decisions.

Council would ask that you take advantage of the opportunity to express your position, interest, and concerns with Council at any of the upcoming Stakeholder meetings. How can HCM take advantage of this trail? How can we make it all it can be for our community? What are your ideas? Please share!



**THE CORPORATION OF THE UNITED TOWNSHIPS OF  
HEAD, CLARA & MARIA**  
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Friday, March 23, 2018

To the Ratepayers of the United Townships of Head, Clara & Maria

Re: Results of Workplace Violence and Harassment Policy Investigation

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Good day HCM Ratepayers

As a result of the investigation into workplace harassment complaints made by Melinda Reith, Noella LeBreton and Crystal Fischer, Mr. Curtis, the investigator hired by the municipality under the Occupational Health and Safety Act legislation found and identified in his report that Councillor Ernie Villeneuve, Councillor Dave Foote, Mr. Jim Gibson, Ms. Sylvia Baird and Mr. Dan Brazeau exhibited behaviours which he determined to be harassment of municipal employees under the legislation.

Since early 2017, various individuals have been participating in behaviours which have been perceived as harassing by employees of the municipality of the United Townships of Head, Clara & Maria. After months of continued behaviours, staff began to feel that no resolution would occur without pursuing their rights under the *Occupational Health and Safety Act* and municipal policy to file harassment complaints. Under that legislation, Council had a legal obligation to conduct an investigation and hired an independent investigator.

After a lengthy process costing the municipality over \$30,000; the investigator has returned findings of evidence of harassment and at its meeting of Tuesday, March 20, 2018, the Council of the United Townships of Head, Clara & Maria authorized staff to inform the public that based on that report, 5 members of the community were found to have participated in harassing behaviour against municipal staff.

Further 2 individuals who were named, and agreed to be interviewed, were found by the investigator to not have exhibited harassing behaviour. Since these individuals were named and were not found to have harassed municipal employees, their identity is to remain confidential.

Aside from identifying those individuals who have been found to have harassed employees, the harassment investigation report is a confidential employment document and is not to be shared with anyone, in any format without significant legal consequences. The following is an excerpt from the municipal solicitor in relation to this report and potential outcomes for divulging information. As the information is about municipal employees in the undertaking of their employment duties, any required legal action will be undertaken by municipal counsel with municipal funds.

### Confidentiality Caution

This report and its contents are to be held in the strictest confidence and are not to be shared, disseminated or disclosed in any fashion, whether orally, in writing, electronically, or in any form without the express permission of the persons to whom it is addressed unless required by law. Failure to abide by these confidentiality and non-disclosure provisions will be treated as a disciplinary matter, for employees of the Corporation of the United Townships of Head, Clara and Maria, and/or as a matter for potential civil proceedings for damages and injunctive relief against any person or party involved with such unauthorized disclosure.

Council respectfully requests that members of the public understand that Council has a legal obligation to provide a safe workplace and to protect its employees from harassment. Council spends taxpayer funds, yours as well as ours. Council and staff feel that there are significantly better uses for those dollars and requests that before taking actions or making public derogatory statements about municipal employees in the future, individuals seriously consider the consequences of their actions and the potential costs to their neighbours.

In order to help prevent this situation from recurring; Council has authorized staff to hire an Integrity Commissioner who will assist with providing education and training to Council, members of the public and staff to determine which types of actions are acceptable and which are not when you disagree with Council decisions and employee recommendations as well as acceptable conduct by municipal councillors.

Respectfully, and on behalf of Council,



Melinda Reith, D.M.M. AMCTO  
Municipal Clerk and CAO



## **Gun Amnesty**

**The OPP is holding a Gun Amnesty during the month of April.**

Any Ontario resident can voluntarily surrender unwanted or illegally-owned firearms, weapons, accessories or ammunition.

Police will not recommend weapons-related Criminal Code charges that might otherwise apply to people who are turning in these items, unless they have been used in the commission of a crime.

Interested gun owners can call 1-888-310-1122 to arrange for officers to retrieve the weapons or use the OPP website button: [www.opp.ca/gunamnesty](http://www.opp.ca/gunamnesty).

Under no circumstances should anyone deliver guns or ammunition directly to police facilities.



## So You Want to Run for Council?

Running for a seat on Council can be relatively simple. The rules that govern who can run and how to run an election campaign can be found in any Municipal Clerk's office in Ontario. But, from the moment you file your nomination form your life will change!

There are questions you need the answers to and this new course from AMO can help you.

# Are You Ready?

*What does it take to run for council?*

*What should I know before I run?*

*The media and me.*

*What are the powers and influence of municipal government?*

*What rules, regulations and laws govern my actions as an elected official?*

*A sample quote from the course:*

*"There are joys and disappointments in equal measure. Nothing compares to the satisfaction of knowing you've made a difference in your community, and that a decision you've been a part of has made the lives of your residents better."*

**Where?**

MunicipalEducation.ca

**How?** This is an online work at your own pace course. Take it anywhere!

**Cost:** \$66.37 +HST (\$75.00)

*The course builds on the experience of elected officials – what they didn't know that they wish they did.*



### So You Want to Run For Council!

For interested individuals, the municipality will purchase a session and host any interested candidates. Time and date will be determined to ensure that the course is run prior to Nomination Day which is July 27, 2018. If you are interested, please let municipal staff now prior to May 30, 2018 so that we can schedule a time convenient to the majority of candidates. Of course, you may register on-line and take the course at your own convenience, at your own costs. Email the Clerk at [hcmclerk-mreith@gmail.com](mailto:hcmclerk-mreith@gmail.com) to express your interest and reserve a space cost free.

This course is intended to provide an overview of what you need to know to run for municipal office and what you should know before you decide to begin your candidacy. The topics we will cover are:

- ★ Reasons That You Should Run for Council
- ★ Other reasons some run for Council – but beware
- ★ Running for Municipal Office - The Nuts and Bolts
- ★ What You Should Know Before You Run for Office
- ★ Dealing with the Media
- ★ Learning the Council Decision-making Process
- ★ Techniques for Working with Others
- ★ 3 Major Roles of Council Members
- ★ The Roles of the Council Member and Staff
- ★ Developing a Realistic Understanding of the Power and Influence of Municipal Government
- ★ Public Meetings
- ★ *The Municipal Act*
- ★ Transparency of the Decision-making Process
- ★ The Councillor as an Individual
- ★ Statutory Duty of Care and the *Municipal Conflict of Interest Act*



# THE UNITED TOWNSHIPS OF HEAD, CLARA & MARIA

## MUNICIPAL HAZARDOUS AND SPECIAL WASTE COLLECTION DAY

SATURDAY, MAY 26, 2018

10:00 A.M.—2:00 P.M.

KENNY ROAD LANDFILL SITE

For more information, please call the municipal office  
@613-586-2526, see Bill or your members of Council!

Services provided by



The Generator Registration Number for this site is:  
8260754

A copy of all certificates with financial assurance (C. of  
A. #, Liability Insurance Policy #) is on file with MOE.



Learn more about our services! We can help YOU:  
Find a job | Fill out applications | Write your resumes and cover letters | Interview practice | FREE courses | and more!

## EMPLOYMENT SERVICE

SERVING PETAWAWA TO DEUX-RIVIÈRES

Friday, April 6 and Friday, April 20  
10:00 a.m. to Noon – Municipal Conference Room  
15 Township Hall Road, Stonecliffe, ON

For more information, call (613) 584-1717



This Employment Ontario program is funded in part by the Government of Canada and administered by the PMFRC.



## THE UNITED TOWNSHIPS OF HEAD, CLARA & MARIA

### 1/2 Load Road Restrictions.

The United Townships of Head, Clara & Maria will implement Half Load Restrictions on municipal roads beginning March 15, 2018 to end once roads are dry.

Signs will be posted when this period begins and removed when the reduced load period ends.

For Wilfred Lamure  
HCM Road Superintendent

For additional information please contact the office at  
613-586-2526 or your members of Council!

CANCER CHANGES EVERYTHING.  
SO CAN YOU.

RELAY FOR LIFE  
Canadian Cancer Society

Honorary Survivor  
Susan Hamilton

Theme: TV & Movies

**Scotiabank™**  
Presents  
**2018 Relay For Life - Renfrew County**  
Friday June 22, 2018 - 6pm to 12am - Pembroke Memorial Center

**Pembroke** Site Sponsor  
**Rexall Foundation** Survivor Sponsor  
**my FM** Media Sponsor  
**Hyundai Pembroke** Luminary Sponsor  
**SunSign Graphics** Signage Sponsor  
**Dunbar Home Inspections** Entertainment Sponsor  
Canadian Nuclear Laboratories - Kid Zone Sponsor | BNI - Lap Bead Sponsor | Access Health Care - Logistics Sponsor

**Register Today—Relayforlife.ca/renfrewcounty**



# WANTED

Summer

## ROADS LABOURER

BRUSHING, DITCHING & CULVERT work

1 person required to work for approximately 20 weeks—brushing, flagging, road work etc. \$17.94/hr.

PLEASE APPLY TO THE ROAD SUPER BY SUBMITTING A RESUME LISTING EXPERIENCE BY

1:00 P.M. WEDNESDAY, April 11, 2017

ONE POSITION TO START APRIL 16, 2017

PREFERENCE WILL BE GIVEN TO LOCAL RESIDENTS AND THOSE WITH FLAGGING & LABOUR EXPERIENCE. DRIVER'S LICENSE REQUIRED. ONLY THOSE BEING CONSIDERED FOR EMPLOYMENT WILL BE CONTACTED.

15 TOWNSHIP HALL ROAD, STONECLIFFE, ONTARIO, K0J 2K0

hcmclerkmreith@gmail.com; fax 613-586-2596



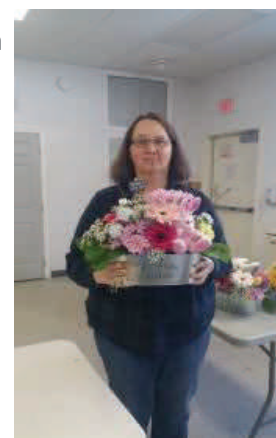
## From your Recreation Committee (and support staff)

March was filled with activities provided in partnership with the New Horizon's for Seniors Program (NHSP) and Senior's Community Grant Program (OSCG).

NHSP provided funding for a bath bomb workshop, stained glass workshops and a loss and grief counselling session with Clay McAleer from the Robbie Dean Centre.



The OSCG provided funding for "Stay Active" exercise program, Decoupage Easter egg painting, acrylic painting and a spring floral workshop. It also provided funding for van rentals to see the Doo Wop Project and The Illusionists at the NAC in Ottawa and a trip to Casino Lac Lemay. Thank you to all who participated in the activities and workshops which we put on through the generosity of funds from OSCG and NHSP. Thank you to our volunteer drivers.



**Air conditioning and covered shelters** will be coming to the community centre soon through grant funding obtained from NHSP.

HCM Rec Committee and Council will be serving up **free pancake and sausage breakfasts** for Mother's Day on Sunday May 13<sup>th</sup> and Father's Day on Sunday June 17<sup>th</sup>.

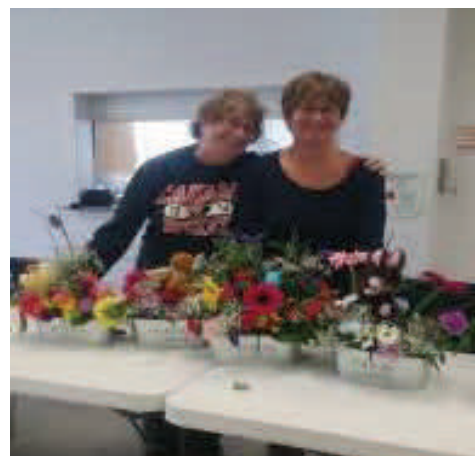
The **spring ball tournament** is set for May 26<sup>th</sup>. The bar and canteen will be open. Please contact Adam Desjardins via Facebook or Messenger if you are interested in registering a team.

The **Fishing Derby** is set for Saturday June 16<sup>th</sup>. Stay tuned for more details.

HCM Rec Committee is always looking for helping hands. Many, many hours go into an event; from planning, set up, shopping, cooking and baking, to running the bar and canteen, finding and scheduling volunteers ....the list goes on.

We are working hard to see community events continue, adding volunteers to our committee will help us accomplish this and see more events added in the future. You don't need to commit to the entire event, even helping in one area helps reduce the workload. Many hands make light work! The next Rec Committee meetings is Wednesday April 25th at 6:00 p.m., everyone is welcome to attend—come see what its all about!

**Our next community social is Friday, April 20th at 1:00 p.m. Stop in, enjoy some fresh baked treats, hot coffee and tea and a chat with a neighbour!**



A MESSAGE FROM THE OFFICE OF THE FIRE MARSHAL AND EMERGENCY MANAGEMENT

# What's the risk in May?

10% of annual loss fires occur in May

Average of 39 injuries

Average of 5 fatalities

Top ignition sources

Cooking equipment

Cigarettes

Electrical distribution equipment

\*2007-2016 Ontario avg. fire losses, Office of the Fire Marshal and Emergency Management



## CO Safety

*Although carbon monoxide (CO) is a serious threat all year, we must pay special attention in the spring to things like cottages, campers, boat cabins and RV's. CO can build up in these enclosed spaces under certain conditions, so it is important to know the facts.*

### Four Steps to CO Safety

To keep your home safe from CO hazards, follow these four steps:

- 1. Be aware of the hazard.** Carbon monoxide (CO) is an invisible, odourless and poisonous gas produced by common household appliances such as your furnace, fireplace, gas stove, propane heater, kerosene lantern or any other fuel-burning equipment.
- 2. Eliminate CO at the source.** Get your home's fuel-burning appliances and equipment inspected by a certified technician who works for a TSSA-registered heating contractor. To find a TSSA-registered contractor in your area, visit [COSafety.ca](http://COSafety.ca).
- 3. Install certified CO alarms.** They will warn you of rising CO levels, giving you time to take potentially life-saving action. For proper installation locations, follow manufacturer's instructions or ask your local fire department.
- 4. Know the symptoms of CO poisoning.** They are similar to the flu - nausea, headache, burning eyes, confusion and drowsiness - except there is no fever. If they appear, immediately get everyone, including pets, outside to fresh air and call 911 and/or your local fire department.



There's still time to have your say...to accommodate cottagers who normally don't come up to HCM until later in the spring, notices to those residents have now been mailed. Sessions are open into May and we will open more as required.

**Multi-Use Rail Trail  
Permitted Uses?  
Development?**



**The Algonquin Rail Trail!**

**Book your appointment!**

**Dates and times inside!**

**Municipal Development?  
Unlimited Opportunity!  
What do you see for its future?  
Which Uses Where?**



**Community...  
Involvement  
Consultation  
Participation**

**Times: 9:00—11:00 a.m.; Noon—2:00 p.m.; 3:00—5:00 p.m.**

**Friday, March 23 | Saturday, March 24 | Friday, April 6 | Saturday, April 7**

**Friday, April 13 | Friday, April 27 | Friday, May 4 | Saturday, May 5**

Call 613-586-2526 or email [hcminfocfischer@gmail.com](mailto:hcminfocfischer@gmail.com) or  
[hcmclerkmreith@gmail.com](mailto:hcmclerkmreith@gmail.com) to book your appointment.

# LIBRARY NEWS



YAAAAY, Spring is here!!!



The HCM Public Library Board is getting ready to host their annual Fundraiser **Spring Card Party on Thursday, April 19<sup>th</sup> at 12 Noon**. Tickets are \$15 per person. Please contact Marlene at 613-586-2761 to reserve a table. When calling to reserve a table, please advise if you have any dietary restrictions.



Following the Spring Card Party our next fundraiser will be the **June Jazaar on Saturday, June 2nd** at the Stonecliffe community centre. This is a flea market/vendor show with new and used items including garden plants (vegetables and flowers), books, as well as a silent auction. Refreshments will be available. We would graciously accept any donations of gently used items for resale. (...the day before the Jazaar on June 1<sup>st</sup>, please, as storage space is limited...thank you). Note to all vendors: please contact Cathy Sutherland – [613-586-2591](tel:613-586-2591) or [mcsutherland1954@gmail.com](mailto:mcsutherland1954@gmail.com) for application and details.

If you are hoping to purchase one (or more) of Betty's wonderful tomato plants, Betty would appreciate it if you could please contact her in advance (613-586-2677 or [bcondie94@gmail.com](mailto:bcondie94@gmail.com))



to make arrangements to pick them up from her house (it is easier on the plants to only move them once; there is a large bulk of them to take to the hall). Betty can also hold them for up to a week after the sale.

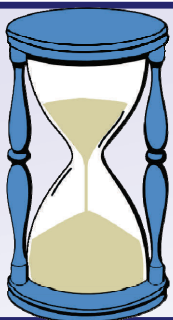
A new assortment of books and DVDs are in, as well as the new DVD pool. If you have any suggestions for books or DVDs to add to our collection, please just drop us a note at [hcmlibra13@gmail.com](mailto:hcmlibra13@gmail.com)

Thank you to all who continue to drop off their valu-mart grocery receipts as a way of supporting our ongoing library fundraising efforts.

Thank you to all who generously donate their used books and DVDs. This is very much appreciated.

Note to Patrons: **CHECKING IN and CHECKING OUT** - If you are not comfortable with using the computer to **check out** your book, magazine or a DVD, you can use the binder to the right of the computer to **check it out**; simply put the date, your library card number which begins with 225960000\_\_\_\_ (or your name if you don't have your card with you), and the book or DVD number, which can be found on the bar code at the top right hand corner (it will begin with 325960000\_\_\_\_); we will then check the binder and transfer your **check out** info into the computer. As for the **check in** process for books or DVDs, simply place them in the 'drop box' on the floor and we will do the rest, or you can do the **check in** using the computer, if you wish. If you opt to do the **check in** on the computer, please then put the book/magazine/DVD on the back of the book cart, afterwards, and not in the drop box. Thank you.

If you have not joined your Head, Clara and Maria Public Library yet, we would love to have a visit from you and sign you up for your very own library card; it's painless and it's FREE!



Enjoy your Library!

Open M - F 8:30 – 4:00

Tuesday evenings 6:00 p.m. – 8:30

Saturday 12:30 p.m. – 3:00.

### ***A note from Bill***

*When sorting your recycling, please place all recyclable plastics in one bag, and keep separate from other materials. A tied bag of bags makes sorting so much easier for Bill. Also, if the bags are mixed with all your other materials, it is time intensive to sort.*

*Please consider time and costs when sorting your recycling. Thank you!*



### **Community Dates to Remember**

Watch your email and bulletin boards for more information about upcoming topics including:

- ★ Recreation Activities
- ★ Community events
- ★ Volunteer opportunities
  - ★ Fishing Derby
- ★ Community breakfasts
- ★ Election rules and nominations
  - ★ Summer Fire safety
- ★ Summer Employment Opportunities
  - ★ The Municipal Budget
- ★ Emergency Services and Resources
  - ★ Canada Day

### **Canada Day 2018**

We have just learned that we have been successful in obtaining funding through the Federal Department of Heritage for funding for Canada Day celebrations. We will be back at Old Mackey Park and will have a number of our usual events and activities. We have also received approval to provide a fireworks display this year and Council and friends will be helping with a Community Breakfast. As usual, we will have lunch and cake. All other activities to be determined. If you are able to help out in any manner; please do not hesitate to contact Council, staff or a member of the Recreation Committee.



### **THE UNITED TOWNSHIPS OF HEAD, CLARA & MARIA**

**BAGS TAGS WILL BE READY TO BE  
PICKED UP AT THE MUNICIPAL OFFICE  
BY MAY 1, 2018.**

Any not collected by May 22 will be mailed. Help save costs and pick up your tags or email/call us to hold them for you.

We have made arrangements to have them available at upcoming events in the community centre - the Mother's Day and Father's Day breakfasts.

For more information, please call the municipal office @  
613-586-2526 or your members of Council!

**Municipal Disposal Site Hours**

PLEASE NOTE REGULAR HOURS BEGIN APR. 1

**Bissett Creek Site**

Tuesday 12:30 pm - 3:30 pm  
Saturday 12:45 pm- 3:45 pm  
Located on Bissett Creek Road

**Stonecliffe Site**

Thursday 12:45pm - 4:15 pm  
Saturday 8:30 am - 12:00 pm  
Located on Kenny Road

**2018 Recycling Dates**

January 3, 15, 29

February 12, 26

March 12, 26

April 9, 23

May 7, 22

June 4, 18

July 3, 16, 30

August 13, 27

September 10, 24

October 9, 22

November 5, 19

December 3, 17, 31



**Collection Days and Times**

**Deux Rivieres**

Tuesday 10:00 a.m. - 11:00 a.m.

**Bissett Creek**

Tuesday 11:30 a.m. - 12:00 noon

**Stonecliffe**

Thursday 11:00 a.m.- 12:00 noon

**Mackey**

Thursday 9:00 a.m. - 11:00 a.m.

**Tone and Fit Group**



**Meets Monday, Wednesday, and Friday  
Township Hall - 9:00 am to 10:00 am**

**Everyone is welcome - No Cost—Please come and join us.**

**Mild Aerobic exercise to suit your needs via DVD instruction.**

**Contact Cathy Sutherland - [mcsutherland1954@gmail.com](mailto:mcsutherland1954@gmail.com) or 613-586-2591 for information!**

**Or just drop by.**



VISIT OUR UPDATED SITE

[www.townshipsofheadclaramaria.ca](http://www.townshipsofheadclaramaria.ca)

**THE UNITED  
TOWNSHIPS OF HEAD,  
CLARA & MARIA**

Melinda, Noella, Bill, Wilfred (Terry), Crystal, Mel  
Phone: 613-586-2526 Fax: 613-586-2596

hcmclerkmreith@gmail.com (Melinda)  
hcmtreasurersnlebreton@gmail.com (Noella)  
hcminfocfischer@gmail.com (Crystal)  
hcmrecmtheil@gmail.com (Mel)  
hcmco@gmail.com (Bob - not checked daily)

Bob—CBO/Community Fire Safety Officer  
613-586-2526 or 613-401-6955

15 Township Hall Road  
Stonecliffe, Ontario  
K0J 2K0

[www.townshipsofheadclaramaria.ca](http://www.townshipsofheadclaramaria.ca)

**EMAIL LIST:** If you would like to be on our community email list please contact the Municipal Office. It is the intent of staff to keep email addresses secure by using Blind Carbon Copy however; we can not guarantee confidentiality.

**Mayor Robert Reid**

home—613-586-9384  
robbie1\_400@hotmail.com

**Calvin Chartrand**

home—613-639-3106  
chartrandc@hotmail.com

**Dave Foote**

home—613-586-2228  
hcmfoote@hotmail.com

**Cathy McKay**

home—613-584-9673  
hcmcmckay@gmail.com

**Ernie Villeneuve**

home—613-602-2814  
hcmvilleneuve@gmail.com

**COUNCIL 2018 MEETING SCHEDULE**

Council meets at 7:00 pm. (19:00 h)  
JANUARY 23 | FEBRUARY 13 | MARCH 20  
APRIL 17 | MAY 15 | JUNE 12  
SEPTEMBER 11 | OCTOBER 16

**RECREATION COMMITTEE**

MEETS THE 3RD WEDNESDAY OF EVERY MONTH IN THE COMMUNITY  
CENTRE AT 6:00 P.M.

MEETINGS ARE OPEN TO THE PUBLIC

IF YOU ARE INTERESTED IN JOINING THE RECREATION COMMITTEE PLEASE CALL  
THE TOWNSHIP OFFICE AT 613-586-2526

Sub committee meetings are posted on the municipal calendar located on our  
webpage at <http://www.townshipsofheadclaramaria.ca/calendar/>

A negative thinker sees difficulty in every opportunity; a positive thinker sees an opportunity in every difficulty.